Roc Your Mocs 2020

A tradition born out of unification – in a community of indigenous peoples who are significantly diverse in their unique traditions this celebration highlights an important aspect of indigenous kinship we share and that extends to our moccasins. You can distinguish tribal kinship from style of moccasins, you can ascertain clans from styles of beadings or colors, and you can distinguish those used for ceremonies from those worn for “every day”.

They tell a story, of who we are, where we come from, and the basic concept of kinship as told through our moccasins as our elders have taught us means “all living things”. The hide, the sinew, the quills, the shells, the songs, the stories and the ceremonies. When I wear my moccasins, it is an expression of relatedness but also sacredness and an honoring to All My Relations.

Learn the history of Roc Your Mocs.

Frequently Asked Questions

CINDY FAMERO
APPAN member from the Comanche Nation of Oklahoma and endorses wellness, “Walk a Mile Walk and Smile”

REP. DEB HAALAND (D-NM)
“Mocs on the Capitol Floor. This photo says a lot about how far we’ve come as a country.” She is currently being vetted by for the post of Secretary of the Interior.

NAN BENALLY
Gave the short write up on Roc Your Mocs but also Supporting Virtual ROC YOUR MOCS 5K

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